

BE SPIKE AWARE

- **Never** accept a drink from strangers
- **Watch** your drinks being poured
- **Never** leave your drink unattended



THINK YOU'VE BEEN SPIKED?



- Tell a staff member straight away
- If you feel unwell, seek medical attention immediately
- Report it to the police by calling 999.
It's important you get tested as quickly as possible, as drugs can leave the body quickly

Safer!
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COMMUNITY SAFETY TEAM

www.safersthelens.org.uk

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